

Policy Document for the Management of Personal Information by Mindfulness Programs Australasia (MPA)

This document describes the privacy policy of MPA for the management of participant's personal information. The psycho-educational service provided is bound by the legal requirements of the Australian Privacy Principles set out in the *Privacy Act 1988* (Cth).

Participant information

Participant information is stored in either/or/both a secure internet based program/secured filing cabinet which is accessible only to authorised employees. The information on each file includes personal information such as name, address, contact phone numbers, some aspects of medical history, and other personal information collected as part of providing the service.

How Participant's personal information is collected

A participant's personal information is collected in a number of ways during service contact with MPA, including when provided directly to a program facilitator or administration officer, using hardcopy forms, internet based forms, correspondence via email, or via a conversation.

Consequence of not providing personal information

If the participant does not wish for their personal information to be collected in a way anticipated by this Privacy Policy, we may be compromised in providing a service to that person. There is a minimum level of information we required in order to provide a safe service. However, once that minimum amount of information is collected e.g. contact details, symptoms, other information is optional and will not preclude access to services. In addition, consent may be provided for different levels of disclosure of the information, see MPA Confidentiality and Consent form.

Purpose of holding personal information

A participant's personal information is gathered and used for the purpose of providing psycho-educational services, which includes assessing, tailoring and monitoring of services to the extent allowable in the program and by participants. The personal information enables the facilitator to provide a relevant and informed service and where consent is given, to report to the funding bodies.

Disclosure of personal information

Participant's personal information will not be disclosed except when:

1. It is subpoenaed by a court; or
2. Failure to disclose the information would in the reasonable belief of the facilitator place a participant or another person at serious risk to life, health or safety; or
3. The participant's prior approval has been obtained to:
 - a) provide a written report to another professional or agency, e.g., a GP or a lawyer; or
 - b) discuss the material with another person, e.g. health provider; or
 - c) disclose the information in another way e.g. to the funding body; or
4. you would reasonably expect your personal information to be disclosed to another professional or agency (e.g. your GP) and disclosure of your personal information to that third party is for a purpose which is directly related to the primary purpose for which your personal information was collected; or

5. disclosure is otherwise required or authorised by law.

A participant's personal information is not disclosed to overseas recipients, unless the participant consents or such disclosure is otherwise required by law. Participants' personal information will not be used, sold, rented or disclosed for any other purpose.

Requests for access and correction to participant information

At any stage participants may request to see and correct the personal information about them kept on file. The facilitator may discuss the contents with them and/or give them a copy, subject to the exceptions in the Privacy Act 1988 (Cth). If satisfied that personal information is inaccurate, out of date or incomplete, reasonable steps will be taken in the circumstances to ensure that this information is corrected. All requests by participants for access to or correction of personal information held about them should be lodged with MPA. These requests will be responded to in writing within 30 days, and an appointment will be made if necessary for clarification purposes.

Concerns

If participants have a concern about the management of their personal information, they may discuss this with a Director of MPA by contacting them via ph: 0488 064 228, email: admin@mindfulnessaus.com.au or via post PO Box 572 Ulverstone, TAS, 7315. They may also contact the funding body, Primary Health Tasmania on ph: 1300 653 169. Upon request they can obtain a copy of the Australian Privacy Principles, which describe their rights and how their personal information should be handled. Ultimately, if participants wish to lodge a formal complaint about the use of, disclosure of, or access to, their personal information, they may do so with the Office of the Australian Information Commissioner by phone on 1300 363 992, online at <http://www.oaic.gov.au/privacy/making-a-privacy-complaint> or by post to: Office of the Australian Information Commissioner, GPO Box 5218, Sydney, NSW 2001.